**EFFECTIVE DISAPPROVAL**

* “I really disappointed that you \_\_\_\_\_(describe noncompliant behavior)\_\_\_\_\_\_\_\_\_\_
  + because\_\_\_\_\_(describe WHY the behavior was harmful for the client)\_\_\_\_\_\_\_\_\_\_.”
* “Right now, how do you think this behavior has or could hurt you?”
* “Can you see where continuing the behavior might cause any problems for you down the road?”
* “Let’s discuss what you could have done instead, and how that would have looked.” (Guide client to express his thoughts and ideas about his behavior.)
* “You have to \_\_\_\_(INSERT PUNISHMENT)\_\_\_\_\_ for this behavior.”
* “I am confident that you are able to turn this around (OPTIONAL: “with the help of \_\_\_\_\_\_\_\_\_\_\_\_\_\_ “) and when you come back next time, I want to hear how about how well you are doing.”

**EFFECTIVE REINFORCEMENT**

* “I really liked how you \_\_\_\_\_(describe compliant behavior)\_\_\_\_\_\_\_\_\_\_
  + because\_\_\_\_\_(describe WHY the behavior was good for the client)\_\_\_\_\_\_\_\_\_\_.”
  + Add verbal affirmation, acknowledging client’s efforts. (“You should be proud of yourself; I know you have worked hard to change.”)
* “Right now, how do you think this behavior has, or will, help you?”
* “Can you see where it might have any long term benefits for you?”
* “I’m going to issue you a \_\_\_\_(INSERT REWARD)\_\_\_\_\_ for this behavior.
* I’m really proud of you. Keep up the great work!”